



### THE STORY OF MOYO ADEOBA

always loved making spices; a skill I learnt from my late mother when I was still as young as nine (9) years. Even after the passing of my mother, I still continued making spices in subsistent amount for home use. The skill of spice making made me really happy that I often times make extra quantity to give to relatives.

At 22 and having lost my father only 6 years after the death of my mother, I had to take up cleaning job to fend for myself and support the rest of my siblings from meager 20,000 naira monthly salary. At month ends, I was always engrossed with a feeling of frustration rather than the natural excitement that comes along receipt of salary.

That is because I already resigned to fate that I will never be able to save even as much as half the sum of 150,000 naira: the amount of money I needed to start up the business of spice making in commercial quantity. I simply spent my life watching despair triumph over my optimism.

And just when I thought I had lost every chance of my dream becoming reality, then came the opportunity of being selected as a beneficiary of Cathingens' Youth Startup Capital Empowerment Program in 2021.

Today, I make various bottled powdered spices like curry, turmeric, pepper soup, ginger, garlic, etc, and in just over a year of trading my products, I have turned in a total profit of about 900,000 naira; an amount that would have taken over 40 months (3 years+) to make as a cleaner.

The best part of my testimony is that I am a boss now, doing what I love to do.



### REMODELING TO EMPOWER



Among many things, constructive remodeling bring about improvements in service delivery, better community participation and mobilization, capacity-building mechanisms, financing, and even new services to unserved or under-served populations.

For 12 years, Cathingens has been empowering women and youth from the most marginalized backgrounds to alleviate poverty and social injustice and improve their lives and livelihoods.

In the last couple of years, Cathingens worked in 8 different communities across 3 states in Nigeria touching the lives of more than 5 thousand citizens through remodeled programmes in our Community – upgrading from provision of just water borehole to potable water; and Youth empowerment – funding the business startups of 12 beneficiaries with a total sum of 2 million (Nigerian) naira.

This would not have been possible without a liberal sprinkling of innovation and differential thinking within our programmes, which directly impacted lives building resilience, better inclusion, economic productivity and health.

From youth empowerment to education scholarship for the otherwise dropouts;

empowerment of women with funds & technical trainings for their small and medium scale businesses to free basic medical tests;

from providing water borehole thence to potable water to prevent water-borne diseases and much more;



Cathingens has transmitted LOVE upon which it was founded in the hearts and minds of people.

This Annual Report provides a glimpse of most of our key achievements in 2022.

### HERE AT CATHINGENS, WE ARE A:







KNOWLEDGE HUB (SOCIAL DEVELOPMENT)

### AND WE BRING TOGETHER - FOR SOCIAL BENEFIT -







THE CHANGE-MAKER—

-THE COORDINATOR -

FIELD CHAMPION -









THE MENTOR -

THE HERO -

THE ENABLER

THE HUMANITARIAN

# INSPIRED BY ONE SINGLE VISION: BUILDING A SOCIETY OF HOPE, WHERE POVERTY HAS BEEN OVERCOME AND EVERYONE LIVES WITH SECURITY



### -CATHINGENS-

Cathingens is a not-for-profit organization working in Nigeria for about 10 years, focusing on social interventions that improve lives. We do this through well planned and comprehensive programs in health, education, livelihoods, finance and entrepreneurship. Our overall goal is the empowerment of women, youths, communities, girls and boys of school-able age from financially incapable backgrounds (even up to tertiary level), leading to improvement in their lives and livelihoods. During FY 2022, Cathingens directly reached out to 930 people through 10 projects across 12 states, and more hundreds through 5 water borehole projects.

#### **OUR VISION**

A society of Hope, where poverty has been overcome and all people live with security

#### **OUR MISSION**

To kindle hope, empower earnings and improve lives. We achieve this by supporting people who are passionate about what they do (women, youths, school pupils), through partners (Vocational centres, academic institutions, rehabilitation, religious centres, etc) who share our goals and will consistently deliver results.

Cathingens; inspired by her mantra of 'Hope, Earn. Live', incorporates a model that focus on improving lives through solutions that create empowerment for people through:

- EDUCATION
- YOUTH EMPOWERMENT
- WOMEN EMPOWERMENT

And projects that improve the quality of lives in underprivileged COMMUNITIES

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### **CONTINUING A MISSION OF IMPROVING LIVES AND RESULTS**



CATHY ECHEOZO

Founder Cathingens

he year 2022 was a crucial landmark for Cathingens. It was a year in which we saw a systemic investment in clean potable water, which is a basic social amenity that has remained considerably inadequate through the 62 years of Nigeria's independence. The launching of the pilot project in March, 2021 was greeted by cheers of an ecstatic crowd of over 200 residents of the host community.

The project "was an absolute necessity"! The community had no previous free source of potable water to rely on. "Basic drinking water was a luxury for them". That former "luxury" is now a daily way of life for the residents of old Ojo road, Ajegunle.

With a view to increasing access to potable drinking water and reducing risk of water-borne diseases, we took steps to upgrade some of our existing water borehole projects at Ikorodu, Orile and Epe, by incorporating water treatment systems to make the water fit-for-drinking.

This is surely a story of triumph as it reformed our water projects model forever! Yes it did because we funded the installation of three fresh potable water projects – water borehole + treatment systems – in three communities in Ogun, Oyo and Lagos states within the calendar year 2022.

We also saw a remarkable surge of academic performance in the Junior Secondary Examinations (JSCE) in one of our partner schools – Federal Government College, Enugu – inspired by our routine annual cash awards to the three most outstanding performers each of JSCE and SSCE. The school had its first flawless results of '11As in 11 subjects' in JSCE by any student since 2015 when we started the academic award programme. It was followed closely by the results of five others who each had 10As and 1B. It is a proof that our annual prize awards have substantial knock-on ripple effects because by recognizing the efforts of previous outstanding performers, more students are attracted to work harder.

We are feeling a wave of acceptance that well-being, education vocational and life skills needs to be at the core of preparing people to thrive at an individual and societal level. This of course has made us more aware and humble about the little role we play in shaping this narrative until all people, especially from vulnerable backgrounds, have access to situations and environments they need to thrive in the world.

In this 2022 Annual report, we are proud to feature the story of Moyo Adeoba; a beneficiary of Cathingens' first edition of the Youth Startup-Capital Empowerment Program (YSCEP) as she shares the story of her journey pre and post-YSCEP and transitioning into a confident young woman. We hope her story resonates and inspires you.

As we move into our next strategic planning cycle, we will continue to look for insights that can expedite our vision to reality even to the bare minimum, until one day, we will not be needed anymore. Thank you so much to our field staff, Coordinator, Mentors and Well-wishers.

### "THE WORLD IS WAKING UP AND CHANGE IS COMING, EITHER YOU LIKE IT OR NOT."

Most people predominantly see 2021 and 2022 as part of one long crisis, with pandemic fatigue and uncertainty about the future at many levels. But at Cathingens, we believe it is always time to

'Stand up and be active' to shape a better world as little as our "resources" and "might" can afford to.

As the year 2022 comes to a close, it's clear that 'LOVE' has been, as it always do, showing us the way forward – because we let ourselves be moved by love and listen to it.

The inequalities that create divisions of rich and poor, powerful and powerless, are made by humans. So also is change possible through human acts of love, compassion, courage and conviction.

Giving people hope, investing in confidence and reminding them of their own self-worth have been a consistent ethos across all of Cathingen's work. I have spent the last 7 years of my life watching optimism triumph over despair when the light of self-belief is sparked in people. As a team, we will keep lighting these sparks.

Our work will always reflect our faith in human spirit and our respect for their inherent power.



CHINASA OKONKWO Coordinator Cathingens, 2022.





### 69 ACADEMIC SCHOLARSHIP FUNDING

Beneficiaries' full session tuition paid Including 28 secondary and 17 tertiary school students

### 12 YOUTHS

Start ups funded

Periodic technical support for their businesses

All beneficiaries are artisans

100% increased the possibility of youths fulfilling our purpose for them

Created new values for the economy

Sustenance of the generation development

### 66 SME FUNDING

Small businesses of women funded + free Monthly

Business workshop to provide technical support

### 15AWARDS

Price money academic awards for best performing students in JSCE & SSCE

9 best performing JSCE students awarded 50,000 naira price money each each

6 best performing SSCE students awarded 100,000 naira price money each

No less than 60% of the entire students showed positive change in the examination grades in JSCE

No less than 60% of the entire students showed positive change in the examination grades in SSCE

At least 6 students had 10As in JSCE

No student had an "F"

86% of the students had at least 1A in their results

### 11 SPECIAL NEEDS CHILDREN

Funded equipments for and organized Autism/ADHD awareness programme & therapy programme for 11 special needs (predominantly autistic) children in Fr. Cunningham schools

Prior to the programme, they never knew about Autism and ADHD (Attention Deficit/Hyperactivity Disorder)

### 3 PHYSICALLY CHALLENGED YOUTHS

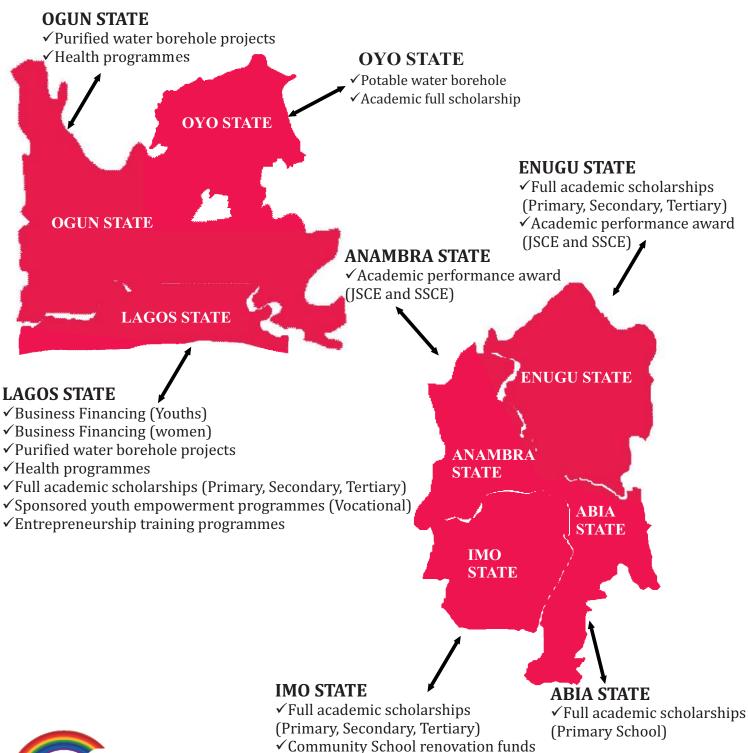
Full training fee, hostel and living expenses for 3 physically challenged youths at FOTD (Friends of the Disabled)

Fish farming, Bead making and Shoe making.



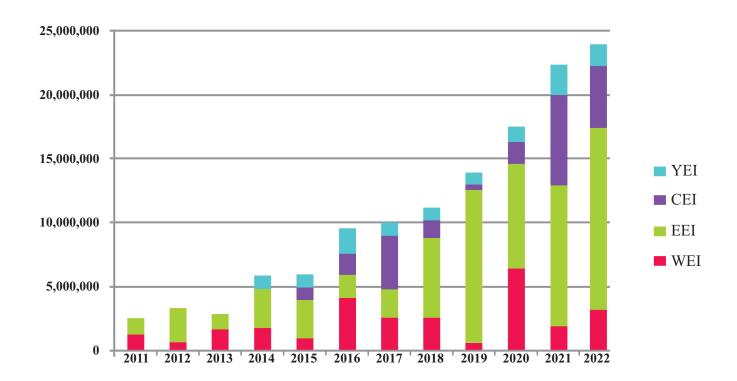


### 7 STATES, OVER 100 PROJECTS AND STILL COUNTING

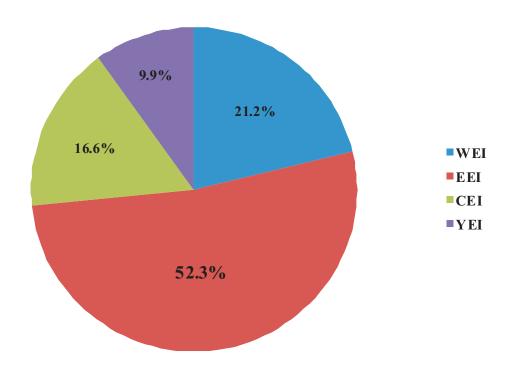


### **CATHINGENS FINANCIAL ALLOCATION (2011 - 2022)**

Cathingens has disbursed a total sum of over 150,000,000 naira on all projects, Please see allocation to our different arms below:



### **OVERALL ALLOCATION BY PROPORTION FROM (2011 - 2022)**















lean water alone is not enough. That is why we have upgraded our water borehole model to a system that cares for the community holistically. This means we are not just going to give a community clean water and wish them the best. As we have reformed our Water-for-community approach, we want to see their entire community transformed physically, socially and economically through provision of potable water. Our goal is to empower the locals so that the projects are sustainable and provide long-lasting development in the needy community.

Every community needs clean and potable water. Communities need clean water that is safe to use for household cooking, washing, drinking and sanitation. The United States Geological Society (USGS) defines safe-to-drink water as "water that will not harm you if you drink it."

#### STEWARDSHIP AND MAINTENANCE

We work in partnership with the school administrators and religious leaders within local communities to produce a long term monitoring and evaluation plan that keep safe water flowing for years to come. We believe people thrive better when they are freed from the burden of unsafe water.

### SAFE WATER

### OUR WATER TREATMENT SOLUTIONS TECHNOLOGY

Access to water is not enough – everyone has a right to water that is safe. That is why every project Cathingens implements includes treatment system to provide reliably safe water for entire communities. There is no one-size-fits-all solution; our team designs and implements each system to fit the local context, but some key features are consistent across all Cathingens community water projects since 2021:

Our water treatment systems remove bacteria, virus, cysts, parasites, particulates, and other harmful substances as appropriate.

### **CLEAN METAL CYLINDER BOTTLES**

An integrated bottle treatment station ensures that safe water is not put into dirty bottles.

#### **SUSTAINABILITY**

All system components can be affordable renewed for the community – often acquired locally – and easily changed-out ensuring sustainable operations.

We believe a project is successful when it is sustainable and creates holistic transformation. That is why we see each project as a community asset that should be sustainable and lasting. Each produces safe water and brings health, while creating economic benefits for each community. 8 communities across Lagos, Ogun and Oyo states are home to a Cathingens Waters project and we are satisfied that we did even that much!

### BENEFICIARY COMMUNITIES OF POTABLE WATER PROJECTS IN 2021 - 2022

### **IBEJU-LEKKI, LAGOS**

Established: 2022

Due to the presence of excess dead roots in the water aquifers, so deep into the earth, and due to the nearness to salt water at Ibeju-lekki, water sources are contaminated. Due to this need, Cathingens installed potable water project in Ibeju-Lekki on the soil of Our lady of Holy rosary Catholic church, there to decrease the risk of water-borne diseases and help provide communities with access to free, safe water. Stewardship of the project was handed to Rev. Fr. Stephen.

### SACRED HEART COLLEGE, IBADAN-OYO

Established: 2022;

Although we have been primarily focused on Lagos and Ogun states, this year we expanded our clean water programs into Oyo state and we are extremely excited by the momentum we have gained through the bold step. Due to the nature of the crystalline rocky earth in Oyo state, it had been very challenging funding borehole projects there because it is expensive. We are encouraged to see that there is safe water available and running at the Sactred heart schools, Ibadan Oyo state. We hope to continue spreading access to sustained safe water as much as we can.

### ST. JOHN AGAH, IKORODU-LAGOS: HOW WE HELP

Established 2020, upgraded in 2021;

While some water-borne illnesses are still common in many areas in Ikorodu, we incorporated treatment system into the water borehole at Agah community, Epe in 2021, to increase access to clean water to help improve their health and increase their hope. With ongoing strategic partnerships with the leadership of St. Augustine Catholic church Ikorodu, we look forward to reaching more communities within Ikorodu with safe water in the coming years!

### AJEGUNLE, OJO LAGOS

Established: 2021

Located around the mangrove swamps and coastal ridges, the ground water source at the Ojo Ajegunle area contains very high iron content, making clean water quite a luxury for most of the residence. Brownish iron coloration on light colored buckets is very rampant and obvious due to deposition of iron content. Located on the property of Christ the Kings Catholic church, Ajegunle, the purified water system serves residents of the community as well as members of the local church.

### **BADAGRY, LAGOS**

Established: 2021

Most of the inhabitants of our target community here cannot afford to buy clean water for drinking water as reliably informed by a catholic parish in the area — Our Lady Queen of Holy Rosary. The water treatment system here serves both the local community and the church, preventing health hazards of water-borne diseases from affect over 750 people each year. The water produced not only allows the local community to thrive, but also improves the quality of their lives.

### MAJALOYE, EPE

Established: 2017, upgraded in 2021
Because of the number of people without neither access to potable water nor can afford satchet water, Cathingens incorporated water purification system in the previous water borehole project donated to the community.

### ORILE, COKER LAGOS.

Established: 2018, upgraded in 2021; To extend access to potable water, we installed integrated water treatment system into our borehole project in Coker at St. Thomas Vilanova, Orile. The project serves resident population of about 500 people having previously relied on water having high iron content. The purification system means that the community now has year round access to safe drinking water.

Willela Sal

### GBERIGBE, IKORODU/IJEBU

Established: 2022

Beginning with Imoro, we have now installed 4 water boreholes around the Ikorodu local government! Our potable water solutions have also been implemented in Agah community. With a high risk of water-borne illnesses, we aim to integrate treatment system in the other 2 water borehole in Ikorodu to provide reliable, safe water so that they too can enjoy better health and increased opportunity. The potable water project which serves the Clarentia academy and the Gberigbe community was handed to the administrator of Clarentia academy – Rev. Fr. Tersee – for stewardship.

### **CECILIA'S STORY**

We celebrated World Water Day of 2021 with the incredible difference we made to in the Ajegunle community when we gave the life changing gift of clean potable water.

The community did not have access to free potable water source. Most often than not, residents who cannot afford drinking water travel quite a distance to collect water from a deeply drilled borehole around the local secretariat.

The gift of the potable clean water transformed the community, improving their health and giving resident beneficiaries more opportunity to focus on other daily activities. One woman whose life has been changed by the potable water borehole project is Cecilia:



### **CECILIA'S STORY**

"My name is Cecilia Alisat. I am 42 years old, and I am a widow with 4 children. We usually walk for about 500 metres to fetch clean water each day, especially for cooking.

That borehole is shared by over 3,000 residents within and outside of the immediate community, which often led to many problems. Overcrowding of the borehole led to rapid breakdown of both the taps and the community relations. Sometimes, this meant I often had to use unfit and dirty well water to cook food for my family.

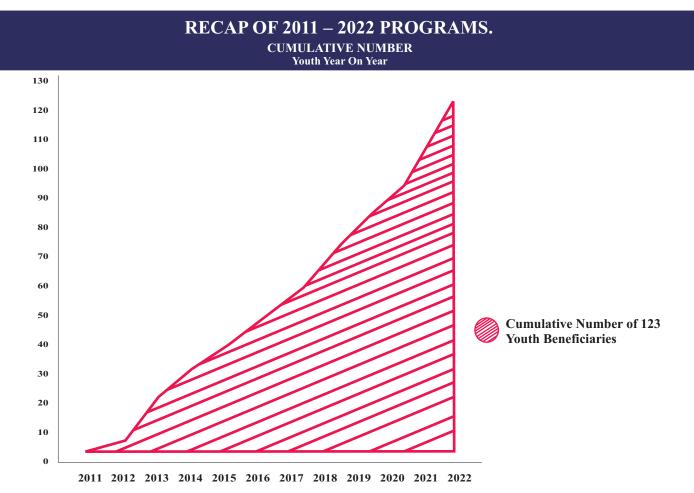
I am so thankful for potable water project donated to our community by Cathingens. They have relieved us of the suffering we got through due to lack of safe clean water in our community.

God came in at the right time for the rescue. Glory is to God forever for He always answers the prayer of the widow".



Cathingens' livelihood sector programs centre on women (aspiring and micro-entrpreneurs) and Youths, which empower them with entrepreneurship skills and non-interest loans with a moratorium period of at least six months. Our common objective here is to facilitate the building of an enabling environment for conducting their economic activities.

Our livelihood programs are the headmost of our activities and have existed for as long as Cathingens had been, except for the youth aspect which began in 2014. We have directly reached a total of 741 women and youths since inception as at 2022 year end.



#### FRIENDS OF THE DISABLED FOTD

In 2020, we continued our sponsorship of physically challenged youths at Friends of the Disabled (FotD) beneficiaries. FotD academy trains physically challenged people; especially the ones who have barely had formal education, in trainings of Education, Bead Making, Fish farming, Shoe making, Sign language, Computer science, tailoring and welding. Each student is enrolled for 2 years, engaging in mandatory courses – Computer and Education – and one of Shoe making, welding, tailoring, fish farming and Bead making. The sign language is for trainees who cannot speak nor hear.

FotD conducts career awareness workshops, run short-term modules in English, communication skills, money management, and career guidance and provide access to short-term internships and jobs for trainees to help them become independent managers of their own situations after training.

The programme is delivered at their Lagos Island centre, based in Lagos. The two most important insights that we have learnt over the past year; the first is that those who feel empowered around disability have better health and well-being; the second is that empowerment of physically people bring about a sense of confidence and resourcefulness. It is time to put a stop to some stereotypes of disabled people being portrayed as being pitiable, pathetic, tragic and incapable of fully participating in everyday life. They ought to instead be seen as brave and as equal to every other human.

### AKANDE MUJIDAT APEKE STORY

Apeke is 24 years old. She was not born crippled. She was 14 years when a gluteal intramuscular injection that was administered to her was misdirected into the sciatic nerve was delivered near the nerve; she developed post-injection paralysis (PIP) acutely with loss of motor and sensory function of the sciatic nerve distal to the injection.

Ever since, her mother who was already a widow locked her up in the house so she could conveniently accomplish her daily hawking business from morning till evening. She dropped out of school soon as paralysis struck, when she was in her Junior Secondary class 2. Apeke's future was bleak!

Today, Apeke is learning Bead making. She is also computer literate and her also learning English to develop her communication by the time she is done with training.

### IN 2021 – YOUTH STARTUP CAPITAL EMPOWERMENT PROGRAM (YSCEP)

In 2021, we designed the YSCEP program to specifically target youths who are already skilled in vocations like Catering, Dressmaking, Bead making, Hairstyling/Makeup and Barbing, but whose business startup are held up by lack of startup kit. The program also afforded youths who own excellent business idea(s) who are also in need of basic capital for startup, the opportunity to present their creative idea(s) for a chance of capital award. This program eventually produced 12 beneficiaries that we awarded a combined non-interest loan of two million naira, with moratorium period of six months. In 2022, we maintained a continuous follow-up with beneficiaries and periodically provided technical supports to their growing businesses.

### <u>2021 - SMALL-SCALE WOMEN FARMERS' EMPOWERMENT PROGRAM</u>

The main highlight of our women empowerment program in 2021 was the financial empowerment of women who engaged in small scale farming. Our focus was to expand our reach in terms of the women's trade category.

For the pilot program, we sought and partnered with St. Theresa Catholic Church, Epe, from where we selected 17 women who were small scale farmers, and had the desire to improve the quality of their agricultural products and revenue. We had the first session with the selected women to first understand their current situations and their desires. We then organized subsequent sessions, facilitated by our field experts to coach them on how to improve, manage and market their farm products to maximize profits.

Small scale farmers play a huge role in food security in Nigeria with over 200 million populations. And despite their importance, most still struggle to accumulate savings and capital to reinvest. This is why we are currently working, in partnership with the agricultural faculty of Augutine University, to work out plan to help train our current and subsequent women farmers' beneficiaries how to maximize output and sales profits of their products.

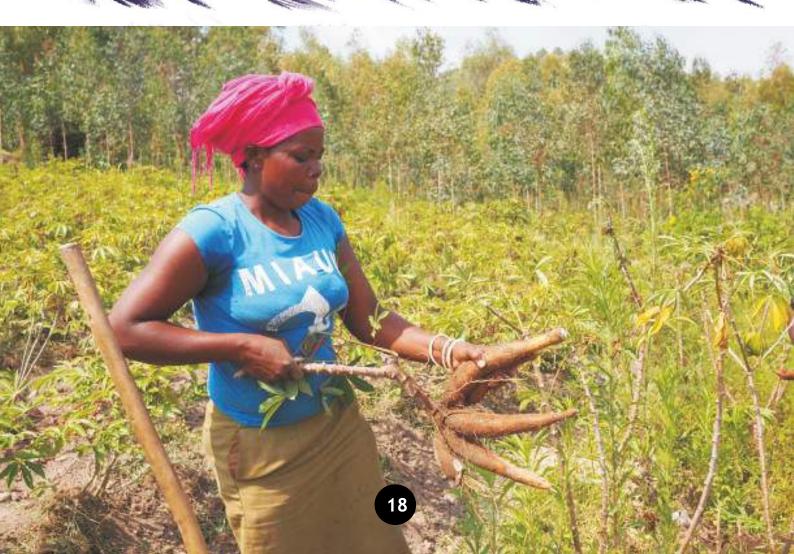
In 2022, we added immensely to our ever-growing number of women beneficiaries of our financial and technical empowerment for new and existing small and businesses of needy women. A total of 29 women were selected from four catholic parishes; St. Theresa catholic churches Bonny camp and Epe, St. Matthew Amukoko and St. Dennis Bariga; with their business bolstered by a total sum of Three million and twenty thousand naira (3,020,000).



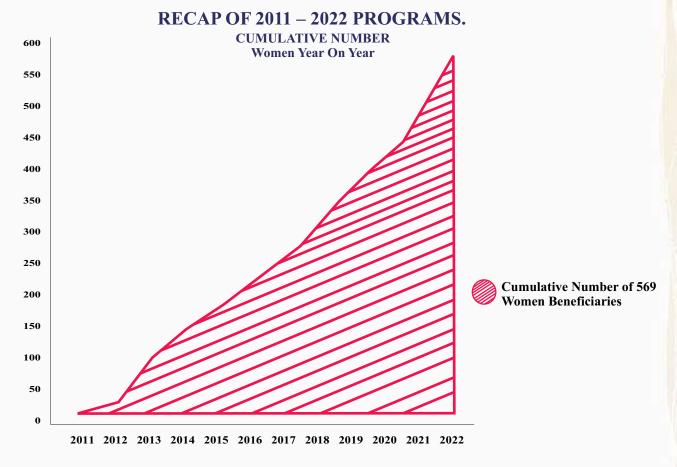
Kikelomo is one of the 17 women selected from St. Theresa Catholic church in Epe. She is a widow, who cultivates vegetables on a 500sqm land. She also has 13 old layer chickens that lay a combined total of 25 eggs in 60 hrs, which is relatively low, but due to their inadequate feeding. She also used local manure to grow her vegetables, but has never been able to cover more than 180 sqm to 200 sqm.

After she participated in the entrepreneurship and receiving 50,000 naira non-interest loan (with 6-month moratorium), Kikelomo proceeded to purchasing adequate feeds for her old layers, manures for her plants and in fact, covered as much as 300 sqm.

'It is 18 months now since the programme, I have 33 old layers producing at least 30 eggs daily. My crops are healthy daily. In fact, my land is green. I hope to add up at least 20 more layers in another 6 months. I am grateful to God and for the benefits from Cathingens' empowerment'.



Our current and subsequent women farmers' beneficiaries how to maximize output and sales profits of their products.



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We look back with pride at what we have been able to do in the last decade with our education initiative. We can see that our education programs performed quite well in terms of impact.

Until 2017, we worked directly with the pupils and students, providing their tuition and other academic funds. In 2017, we began to collaborate with schools, even from the pre-primary classes to identify pupils whose parents may be pulling them off schools due to their incapacity to continue funding their schooling; and we place them on our scholarship program, while we work closely with the host school to monitor their performances throughout scholarship period.

Each year, we build on the experiences and learning of the previous year and also look at what lies ahead. Our identity as a learning and daring organization has been built on the fact that we strive to do better what we have been doing, but also explore new questions and tackle more challenges.

In 2022, we added 4 more youngsters from needy families to the list of our full Education scholarship list in the following partner colleges:

- Ø Sacred Heart College, Ibadan Oyo state
- Ø Great international college, Benin Edo state
- Ø Federal Government Girls college, Sagamu Lagos state

### **JOSEPH EBHOZELE STORY**



Josep Ebhozele is an indigene Benin in Edo state. His father, a civil servant lost his job in 2016, and had been terminally sick of Diabetes. Ever since, his mother had been responsible for taking care of the family financially.

In 2022 July, just after he finished his Senior Secondary 2 final examinations, Joseph agreed to stop school so that his two younger siblings can continue schooling, while he and his elder brother who had been at home since after his SSCE exams in 2020. He already resigned to fate of never returning to school.

I am super grateful I did not get to spend a single day out-ofschool. I am also grateful that Cathingens organization has take responsibility for my full schooling tuition, including text books, from now until end of SS 3.

### 2015 - 2022

## STRATEGIC PARTNERSHIPS

Our strategic partnership focuses on scaling our social intervention approach, the core of what we have learnt in Cathingens for the past 11 years. This blueprint has created great opportunities for us to create social change in several communities, empower more than 800 women and youths, and have also ensured the continuous schooling of over 200 pupils, with most of them guaranteed up to tertiary level, since 2011.

Cathingens focuses on articulating a clear vision based on the tenets of sustainable social development, regular assessment of the development strategy and alignment of social responsibility initiatives with the organization's core operating strategies. Our elaborate and simple process of identifying, seeking and sourcing our working partners in our social development space is undertaken to engage with prospective partners to aid the easy management of our programs. We simply design our own change-making idea and propose it to a potential partner organization willing to work with us consistently with our vision, for collaboration.

Our strategic partnerships are long-term approach across thematic areas of Health, Education, Livelihood, Humanitarian Response and Women Empowerment with focus on innovation to create sustainable change at scale.

#### **Institutional Partners:**

- Ø Loving Gaze (St. Kizito clinic), Jakande Lagos
- Ø Loving Gaze (St. Johns Nursery and Primary schools), Ikorodu Lagos
- Ø Augustine University, Epe Lagos
- Ø Southern Business Academy, Ibeju-Lekki Lagos
- Ø St. Finbarrs College, Akoka Yaba, Lagos
- Ø Mummylon International Schools, Aba, Abia state
- Ø Fr. Cunningham memorial School, Arondizuogu, Imo state
- Ø Friends of the Disabled, Lagos
- Ø St. Matthews Women Training Centre Orile Lagos
- Ø Sacred Heart College
- Ø Great College, Benin Edo state
- Ø Friends of the disabled (FoTD)















### **NOTES**

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